



VIRGINIA ENCAMPMENT 2015  
FORT PICKETT

**Special points of interest:**

- First PT of encampment
- First room inspection
- Routine started

**Quote of the day:**

**“The boss says  
‘Go do some-  
thing!’ The  
leader says  
‘Let’s do some-  
thing!’”**



Courtesy of  
AccuWeather.Com

Fort Pickett  
June 22, 2015

Actual Temp  
93° Lo 72°

Highest Avg.  
87° Lo 62°



***Day Two– CADET OPENING DAY ACTIVITIES***

*By: PAO Cadre*

FORT PICKETT – Physical-Fitness Training (PT) kicked-off the day for the Student Cadets and Advanced Student cadets. Students with Camelbacks ready and clad in their PT gear stood ready to begin calisthenics. Students and flight staff moved quickly outside for group formation consisting of all 9 flights. Flight staff



conducted stretches and warm-ups and then started the morning workout routine. Immediately after PT, students showered, donned their BDUs (Battle Dress Uniform), prepared their bunks for inspection, and worked on encampment essential knowledge. This

includes memorizing and identifying the chain command and essential leadership knowledge. Afterward, students again moved quickly outside for group formation where the orders of the day were delivered. Squadron commanders took charge of their flights to begin the breakfast rotations followed by drill and ceremony training.

Dorm and orientation prep was the next order of the day. Student cadets received instructions on how to make their bunks, stow their gear, clean, and make everything inspection ready.

Individual squadron commanders taught the “Wingman Concept” and “Warrior Spirit” in the barracks. Students learned the importance of cooperating for success, and about the condition of the heart, which requires tough-mindedness and tireless motivation.

The next session of the day, “Discipline: Your Key to Success”, provided students with an understanding of discipline. They learned what it means to have discipline, why it is important, and techniques for improving their self-discipline.

During afternoon sessions, students participated in a teambuilding and leadership exercises conducted by 2<sup>nd</sup> Lt. John Rirodan, who regularly trains leaders in the business world. He also introduced the concept of leadership through service. The last session of the day was “Fit to Fly”, which emphasized physical fitness as a way of life. The closing retreat formation ended the day’s activities.